



A REVIEW ON LIPOSOMAL DELIVERY SYSTEM

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ABSTRACT

Liposomes are defined as closed bilayer phospholipid vesicles that act as drug carrier and have been successfully translated into real time clinical applications. Since the first development in 1965, liposomes have witnessed many technical advances in recent years. Various clinical studies have demonstrated the superiority of liposomal formulation over conventional delivery system and remarkable development with significant clinical applications enhancing the therapeutic index of various drugs by alter their biodistribution profile, increases the solubility, membrane permeation target delivery, controlled release. The liposomes are prepared by different methods and they vary from 30nm to several microns in size. Liposomes exhibit broad and potential application in different fields such as anticancer, anti-inflammatory, antifungal with their specific characteristics, nontoxic, fully biocompatible, high stability, optical properties and easy membrane permeability. In this review paper an attempt has been made to elaborate the types, drug delivery technology, preparation method, application and evaluation parameter of liposomes and their contribution in drug delivery system.

INTRODUCTION

Nanomedicine, a field of nanotechnology has various applications in human medicine such as, Targeted Drug Delivery, Controlled Release, Permeability Enhancement, increasing efficiency and solubility of drug along with reducing the toxicological effects. The fate of Drug molecules against biopharmaceutical properties such as ADME can be improved through nanotechnology. Numerous nanocarrier have been developed for transport of therapeutic to the targeted tissue. Significant advancements are done for preparation and characterization of nanoparticle to achieve increase stability and bioavailability of encapsulated drug contents. Liposomes being biocompatible and biodegradable along with their low

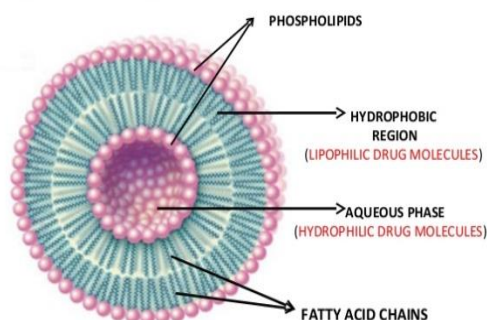
Toxicity is efficient delivery material for therapeutic agents. Liposomes are closed microscopic spherical vesicles that are composed of phospholipids and sterols. Being amphipathic in nature liposomes can encapsulate lipophilic, amphipathic, hydrophilic drug substances into their inner aqueous phase. Generally a free drug achieves therapeutic level for shorter duration when reaches the systemic circulation, but the drug loaded in liposome achieve therapeutic activity for longer duration because of altered metabolism and excretion. Liposomes may vary in size from 30nm to several microns. Various preparation methods are developed for synthesis of liposomes. liposomes encapsulated a large number of drugs that

have low solubility and low membrane permeability and thereby increase the therapeutic activity (antiviral, antitumor etc.) of the drug molecule. In the present study, the formulation of liposomes using various approaches and their characterization done by transmission electron microscopy, freeze fracture electron microscopy, dynamic light scattering, laser light scattering, photon correlation spectroscopy, UV visible spectroscopy is discussed. This paper presents a review on types of liposomes present, preparation methods, evaluation parameters and finally characterization techniques and applications are discussed.

LIPOSOMES

Liposomes are nanosized vesicular structure consisting of an aqueous core surrounded with phospholipid layers. Generally, liposomes can also be defined as microscopic vesicles in which an aqueous volume is entirely enclosed by a membrane composed of lipid bilayer. The name liposome is derived from two Greek words “lipase” meaning fat and “soma” meaning body. They were first discovered by Dr Alec D Bingham (British hematologist) in 1961, at Abraham institute, Cambridge. The particle sizes of liposomes differ from 30nm to several microns based on type of preparation method followed. These are usually phospholipids that are amphipathic in nature i.e. they have a hydrophilic head group and hydrophobic tails. The head group consists of glycerol molecule attached to a phosphate group that is modified by an alcohol, the nonpolar tail is made up of two fatty acid chains insoluble in water.

STRUCTURE OF LIPOSOME



The lipids in plasma membrane are phospholipids such as phosphatidylcholine, phosphatidylserine, phosphatidylethanolamine, incorporated with sterol such as cholesterol. Cholesterol acts as a fluidity buffer and influences the membrane permeability. The incorporation of cholesterol increases the separation between the head group. Liposomes are promising tools for targeted drug delivery and have advantage of being biocompatible and biodegradable and ability to protect the encapsulated drug from unfavorable conditions.

Liposome Technologies for Drug Delivery

Stealth Liposome Technology

It involves the attachment of strands of polymer to the drug molecule or system improves the efficacy of therapeutic agents. The polymer used in this technique polyethylene glycol and the process used is PEGylation. It is attained by incubation of reactive derivative of PEG with target moiety.

Non Pegylated Technology

It is a unique drug delivery system that offers benefits of pegylated liposomes while eliminating the side effects associated with pegylated liposome phospholipids from natural as synthetic sources and can further be designed to include reactive lipids or outer surface to allow conjugation of molecules such as antibodies peptides and proteins.

Depofoam Technology

A novel technology of liposomal formulation consisting of multivesicular liposomes. These liposomes are made up of multiple non concentric aqueous chambers and surrounded by lipoidal membrane network. The technique is used to develop extended release formulation of liposomes.

Conventional Liposome Technology

The first ever generation of liposomes where formulated by conventional technology, it involves the use of natural phospholipids or lipids such as 1,2-distearoyl -sn-glycero-3-phosphatidylcholine for liposome preparation, this technique encountered instability, short blood circulation half life and many other challenges.

Classification of Liposomes

Based On Structural Parameters: They are classified into four types based on the no of bilayers

Unilamellar vesicles: These are spherical made up of single bilayer entrapping an aqueous solution. They are further divided into three categories depending on size

- a. SUV: size varying from 20 – 40 nanometers
- b. MUV: size varying from 40 -80 nanometers.
- c. LUV: size varying from 100-1000nanometers.

Oligolamellar Vesicles; These are made up of 2-5 concentric lamellae, surrounding a large internal volume.

Multilamellar Vesicles: these are liposomes containing several bilayers that are formed by extrusion methods or by sonicating the lipid solution.

The liposomes are also classified on the basis of their method of preparation, composition and applications.

Based on Preparation and Composition

Liposomes being biocompatible with various drugs and readily encapsulate drugs with low solubility and low membrane permeability, various methods are for preparing liposomes of various size. To increase the bioactive molecular delivery of drug to the cytoplasm new liposomes are being developed. In order to achieve targeted delivery of drugs, fusogenic, cationic and immunoliposomes are prepared. thus a need of classification of liposomes based on their composition, application and preparation methods, have emerged.

Method of liposome preparation

Active loading: compounds with ionizable groups are introduced after the formation of vesicles

Passive loading: the entrapped agents are loaded during or before the liposome manufacturing process.

Passive loading technique: involves three techniques based on different principles

Mechanical /physical dispersion; involves 4 basic methods that are

Hand shaking method: it is the most widely used mechanical dispersion method involving five steps

Step -1: chloroform, methanol solvent cause dissolution of lipid mixture and charge components

Steps-2: the solvent is evaluated y either hand shaking or by rotatory evaporator for the formation of film.

Step-3: the film is further dried by attaching the hand of lyophilizer.

Step-4: Dispersion of the casted film takes place in aqueous medium.

Step-5: Multilamellar vesicles are formed upon hydration due to swelling of the lipid and peeling off of walls of the flask.

b) Non shaking method: Unlike hand shaking method agitation is provided from a steam of nitrogen rather than the rotatory movement.

Step-1: The lipid film is exposed to water saturated solution for (15-20mins)

Step -2: 10-20ml of bulk fluid i.e. sucrose (0.2m) in distilled water is added after hydration which causes swelling of the lipid.

Step-3: Flush the flask with nitrogen, allow to stand for 2 hours at 37°C after sealing it. Swell the contents of the flask gently to yield a milky suspension.

c) Freeze drying method:

Principle: The lipids can be dispersed by another method i.e. a finely divided while adding the aqueous solution which is by freeze drying of liquid which dissolved in an aqueous solution. one of the most ideal solvent is tertiary butanol after expansion of the dry cupid from a foam type structure 'MLV's can be obtain by face transition temperature by adding water or saline with rapid mixing.

2) Solvent Dispersion Methods

Principle: The method involves dissolution of lipids in an organic solvent. It is then brought into contact with materials to be entrapped within the liposomes in an aqueous phase.

Ethanol injections: It is mainly employed as an alternative for the preparation of the SUVs without sonification. By using a fine needle, ethanol solution is injected into an excess of saline or other aqueous medium. A high proportion of SUVs obtained i.e.:-

25 nm. This process causes less degradation of sensitive lipids and is extremely simple.

Ether injections: involves injecting the immiscible organic solution through a narrow needle slowly into aqueous phase. The procedure is similar to the ethanol injection method and carried out at a temperature suitable for solvent evaporation. The method can be used for treating sensitive lipids.

Rapid solvent exchange vesicles (RSEVs): Organic solution of lipids is subjected to pass through the orifice of blue tipped syringe under vacuum into a tube loaded with an aqueous buffer. The tube is mounted on vortexer. The bulk solvent is made to be vaporized within seconds before coming in contact with aqueous environment.

Other methods include: Reverse phase evaporation vesicles

Stable pleura lamellar vesicles (SPLV's)

3) Detergent Removal Method

Principle: This method involves application of detergents to bring phospholipids into contact with aqueous phase. They screen the hydrophobic portions of the molecule forming micelles. By increasing the micelles concentration, the size of the micelles gets reduced until saturation is obtained with detergent. The point when the free molecule concentration equals to the CMC, formation of simple detergent takes place. Removal of detergent from preformed mixed micelles containing phospholipid leads to spontaneous formation of unilamellar vesicles.

The detergent and all transition of micelle to the concentration of bilayer film can be removed by any one of three methods

- 1) Column chromatography
- 2) Use of Bio heads
- 3) Dialysis

Dialysis: Detergents are used to solubilize lipids at CMC(critical micellar concentration). The micelles combine to form LUVS. The detergents are now removed by dialysis with the help of

commercial devices such as Lipo Preparation.

Gel permeation chromatography:

Depletion of detergent is done by size special chromatography. The liposomes percolate through the inter bead space rather than penetrating into pores of beads packed in a column. Pre treatment is done to obtain the remaining amount of amphiphilic lipids that get adsorb on the swollen polysaccharide. The pre treatment is done by pre saturation of gel filtration column.

Active or remote loading methods

Procedure: Apply potential difference across the liposomal membranes and using pH meter, load drug molecules into preformed liposomes.

Loading of amphipathic molecules can be derived from the difference in concentration of proton across the liposomal membrane.

Advantages of liposomes:

- 1) Liposomes increased the stability of the encapsulated drug
- 2) Useful in passive targeting to cancer cells.
- 3) Liposomes encapsulated drug show high efficacy and therapeutic property.
- 4) Drugs with high toxicity can be encapsulated in liposomes thereby reducing toxicological effect.
- 5) Drugs with low solubility and low permeability can be loaded in liposomal formulation and thereby increasing membrane permeation.
- 6) Improved pharmacological effect (reduced drug elimination, increased systemic circulation lifetime).

Disadvantages of Liposomes:

- 1) Liposomes production cost is relatively high
- 2) Encapsulation of drug sometimes leads to leakage and fusion between drug & molecule.
- 3) Liposomes are subjected to undergo reaction like oxidation and hydrolysis. Liposomes are show short half-life & low solubility.

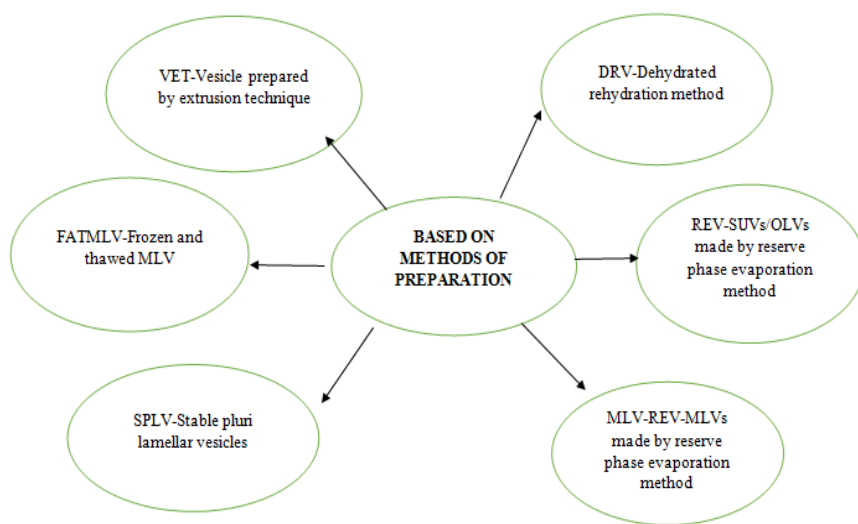


Fig1:Liposomes based on the methods of preparation

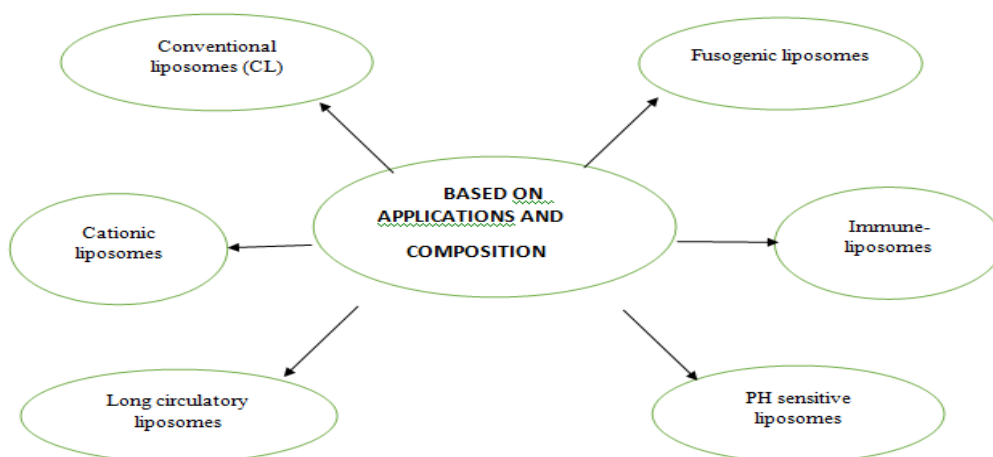


Figure 2: liposomes based on applications and composition

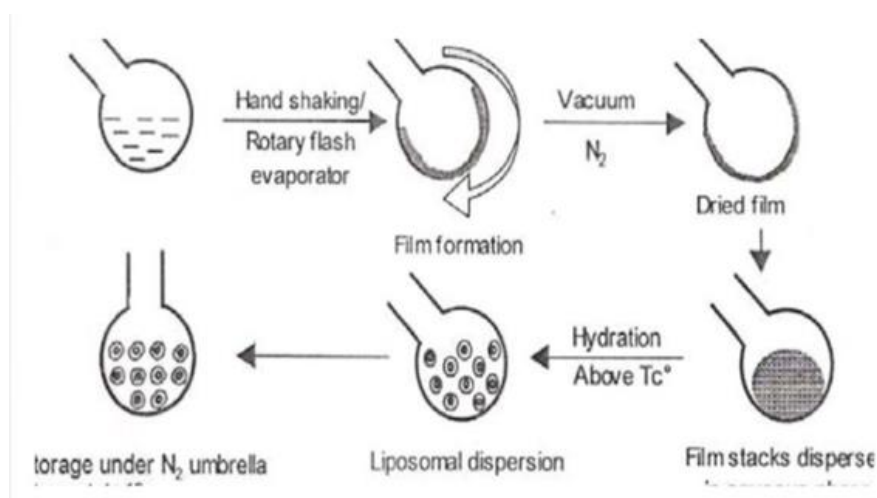


Figure 3: Diagrammatic Representation of hand shaking method

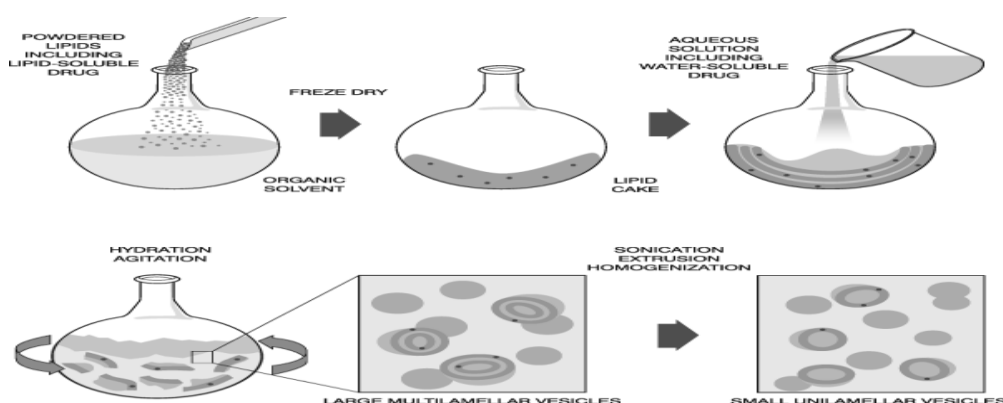
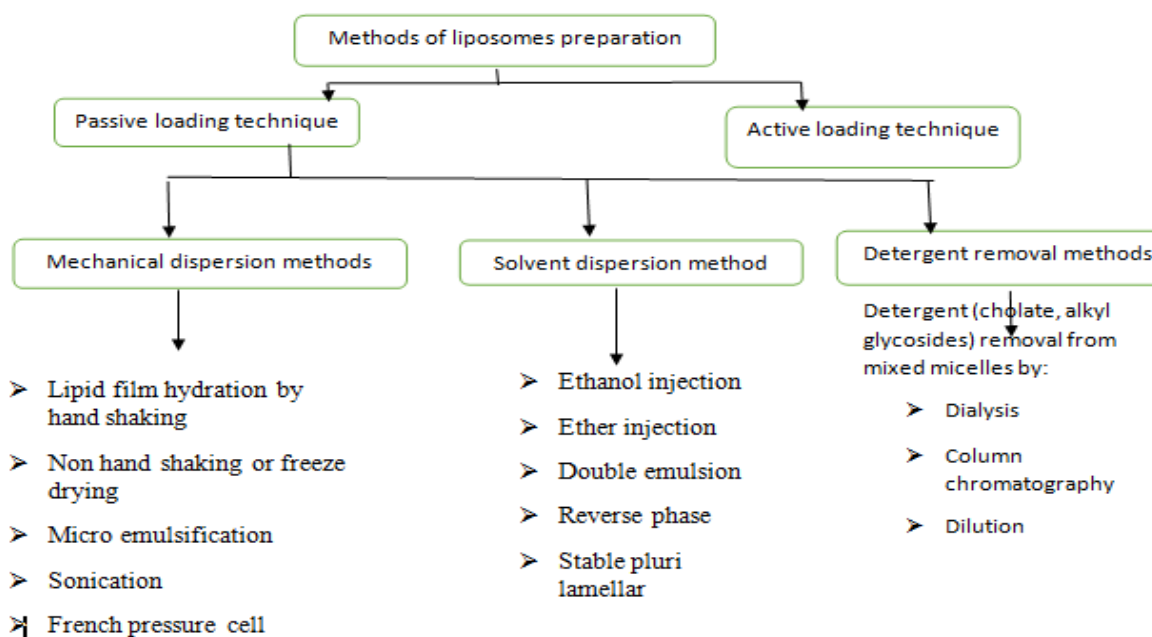


Figure 4: Diagrammatic representation of freeze dry method

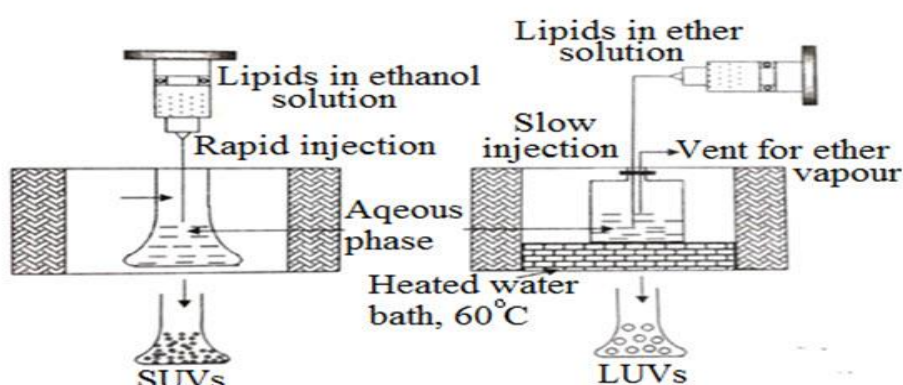


Figure 5: Diagrammatic representation ether/ethanol method

Applications of liposomes:

Liposomes are considered as ideal vehicle for the targeting drug molecule. The benefits of the drugs encapsulation in Liposomes which can be applied in various dosage forms such as colloidal solution, semi-solids forms creams & gels. Application in medicine and pharmacology can be divided into various aspects.

Liposomes As Drug Delivery Vehicles:

Drug delivery in controlled & sustained release (SR) can be obtained. Solubility of drugs is enhanced, pharmacokinetic & biodistribution can be altered.

Liposomes act as delivery vehicles for various enzyme & aid in enzyme replacement therapy and Lysosomal disorder.

Liposomes in tumour therapy:

Liposomes helps in targeted drug delivery and act as carrier for small cytotoxic molecule and gene and thus useful in cytokinesis.

Liposomes in immunology:

Liposomes used as artificial blood surrogates & acts as carriers for radiopharmaceuticals, they also show applications in cosmetics and dermatology Liposomes in enzymes Immobilization & bioreactor technology.

Liposomes In Parasitic Disease And Infections:

Treatment of leishmaniasis antifungal therapy (Amphotericin B).

Liposomes encapsulation can be considered for administration of very potent and toxic antibiotics via parental route and in antiviral therapies (for drugs like ribavirin, paclitaxel, acyclovir).

Evaluation Parameter of Liposomes

Particle Size and Zeta Potential: It is the most important parameter for characterization of liposomes. particle size, size distribution are measured by various methods such as photon correlation spectroscopy, UV visible spectroscopy. It has been found that the drug release highly effected by particle size, smaller particle offer large surface areas resulting in fast drug release but diffusion is slower inside the larger particles. The particle size and the

zeta potential are measured using zetasizer (nano ZS, Malvern instruments)

Surface morphology: Evaluation of morphology of vesicles was performed by transmission electron microscopy. 10microL of sample solution was placed on lacey carbon coated copper grids. A very fine film of sample is obtained on the grid after blotting with a filter paper. The sample then loaded into 626cryospecimen holder. The images of sample were obtained using FEI titan halo80-300. The TEM was operated at 100Kv voltage.

Entrapment Efficiency And Drug Loading: Determination of entrapment efficiency can be done by comparing the amount of drug entrapped against amount of drug added. It can also be defined as ratio of concentration of drug and concentration of phospholipids. Entrapment efficiency% = {Drug entrapped in liposome /Total drug add initially} x100. Drug loading% = {Drug entrapped in liposome/Total lipids add initially} x100

Surface Charge:

Surface charge of liposome is done by free flow electrophoresis. It is used to examine the activity of active substances, lipid composition on the surface of the liposomes.

In vitro cytotoxicity: It is performed using various calorimetric assays such as MTT assay, LDH {lactate dehydrogenase assay} and fluorometric assays such as ATP assay. Different chemicals have different cytotoxic mechanism such as destruction of cell membranes, irreversible receptor binding, protein synthesis prevention etc.

In vitro Drug Release: It is performed by diffusion cell /dialysis tubing, membrane diffusion method. it is performed while maintaining sink conditions. The release of drug is determined using the following equation

$$\% \text{Drug release} = \frac{Q_t}{Q_i} \times 100$$

Where Q_t is the amount of drug present, Q_i is the amount of drug added initially.

PH Measurement: The determination of pH for different formulation is done by a digital PH meter. The pH measurement of all formulation is done in triplicate and average values are calculated.

Stability studies: evaluated for optimized formulation storage at 4°C for 60 days. The percent entrapped for drug content is determined as a function of time. Stability of orthosiphon stamineus liposomes were studied at different pH (1.6, 5.5, 7.4) in gastrointestinal tract after mixing with PBS. The results obtained indicate that the liposomes at pH are unstable and can undergo agglomeration. The agglomeration is any how reversible by redispersing the solution in PBS (phosphate buffer solution).

Characterization techniques for liposomes
Liposomes characterization is essential for assuring the specificity of functionality and reproducibility. The important parameters such as size distribution provide useful information about quality of preparations and aid in physical stability determination methods (for example microscopy or nanoparticles tracking analysis) and are used for visualization of liposomes, aids in determination of lamellarity.

Other methods which are easy, fast and automated such as dynamic light scattering or field flow fractionation, flow cytometry, are performed and measurements are obtained by experimental data.

Transmission electron microscopy:

A microscopic technique which in a beam of electron is transmitted through a specimen. The interaction of electron that passes through specimens form an image. The image obtained is focused on to a fluorescent screen or to be detected by sensor. TEMs provide high resolution than light microscopes owing to de Broglie wavelength of electrons. Several TEM methods can be used to apply TEM evaluation of morphology.

Negative staining an easier way in which liposomes are embedded in electron dense material. Cationic negative stain is used that bind to phosphate group and poorly penetrating the lipid bilayer. It allows indicative evaluation of internal structure of liposome without discriminative fine details.

Dynamic Light Scattering:

DLS measures the intensity of light scattered by dispersed particles. It is based on Brownian motion of particles, stating that

when particles are dispersed in liquid medium they are constantly colliding with each other and solvent molecules and move in every direction. These collision results in transfer of certain amount of energy that have greater effect on smaller particles. A beam of light is incident on the solution. Now the intensity of light tends to fluctuate with time, DLS measure this intensity at an specific angle 90° at 460 nm, and the . A intensity versus time profile is plotted and the fluctuations are measured. The maximum are dependent on wavelength of incident light. A correlation is obtained from the profile, and the maximum are observed 50nm and 120 nm or wavelengths 250nm and 600nm. at DLS is considered a simple method to calculate the particle size distribution for nanoparticles.

Flourescence microscopy:

Size measurement and lamellarity of fluorescently labelled liposome is achieved by this technique. The technology involves the use of fluorescent probe called N-(7-Nitro benz-2-Oxa-1,3-diazol-4-yl)-1,2dihexadecanoyl -sn-glycero-phosphoethanolamine. It quenches the outer surface of liposomes fluorescence microscopy provide advantages such as high sensitivity and convenience. Certain limitations are faced that this method requires the immobilization of sample to glass surface increasing the risk of shape alteration, fusion of liposomes.

Atomic force microscopy

Investigate surface properties, size distribution, morphology and stability of liposomes. The method is based on interaction between sample and tip of cantilever, able to measure liposomes with great resolution 0.1nm. it is found that liposomal rigidity affects the drug delivery, which is characterized by stability profile, drug release, systemic circulation time. Advantages of Atomic Force microscopy are high resolution, non-invasive method, quick and reliable, large particles are identified in suspension.

MTT assay:

It is most commonly used colorimetric assay for evaluation of cytotoxicity or cell viability. The principle

involved is measuring the activity of mitochondrial enzymes such as succinate dehydrogenase. In this assay MTT is reduced to a purple formazan by NADH and quantified by light absorbance at specific wavelength. MTT formazan is insoluble in water results in formation of purple needle shaped crystals in the cells. Thus for prevention of crystals an organic solvent such as isopropanol is used for solubilization. The assay is based conversion of tetrazolium salt into colored formazan by mitochondrial activity. The amount of formazan produced indicates the viable cell number. It is rapid sensitive, specific and very competitive to other toxicological tests and thus suitable for toxicological assessments.

LDH (lactate dehydrogenase assay):

It is a calorimetric assay for analyzing cellular cytotoxicity. It can be used with different cell culture, an indicative for chemical and cell mediated cytotoxicity. The quantitative determination of lactate dehydrogenase enzyme (i.e. released from damaged cells) can be done. Reduction in cell viability results in increase of leakiness of plasma membrane and therefore, LDH enzyme starts releasing in cell culture. This release is measured with a coupled enzymatic reaction in which a red colored formazon is formed due to conversion of tetrazolium salt by diaphorase. The resulted red formazon is absorbed maximum at 492nm and can be quantitatively measured at 490nm. The assay is simple, reliable, and speed. The release of LDH into culture medium is an indicator of cell deaths.

Conclusion:

Liposomes are the most preferable carrier, due to their diverse properties, biocompatibility and application. They are reported as best carrier of drugs in human therapy ranging from conventional drugs to hormones, peptides immunoglobulin and genes. liposomes can be formulated in various size, composition and lamellarity. The therapeutic activity of various drugs is enhanced by encapsulating in liposomes, mainly by alteration in pharmacokinetics and pharmacodynamic property. Liposomes are characterized by Transmission electron

microscopy (TEM), fluorescence microscopy, UV visible spectroscopy, Atomic force Microscopy (AFM), LDH assay, MTT assays.

The application of liposomes as carriers in drug delivery is promising and will undergo tremendous growth in future in clinical therapy.

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